



Proclamation

Park and Recreation Month

WHEREAS, parks and recreation is an integral part of communities throughout this country, including in the City of Lake Elsinore, and promotes health and wellness, improving the physical and mental health of people who live near parks;

WHEREAS, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers, and encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles;

WHEREAS, Parks and recreation is a leading provider of healthy meals, nutrition services and education, and programming and education activities, such as out-of-school time programming, youth sports, and environmental education are critical to childhood development;

WHEREAS, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction, is fundamental to the environmental well-being of our community, and is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors.

NOW, THEREFORE, the City Council of the City of Lake Elsinore, California, does hereby proclaim July 2024 as "Park and Recreation Month" in the City of Lake Elsinore.



Steve Manos, Mayor